

FOLLOW US ON    @THE TEA TERRACE



*The*  
**TEA TERRACE**

---

A VERY ENGLISH TEA ROOM

FOOD AND SERVICE STEEPED IN GOOD TASTE



*Order your Selfieccino now*  
There's no better way to 'espresso' yourself



## ***How about a delicious Cappuccino or Hot Chocolate with your Face on it?***

*All you have to do is order a Selfieccino from your server, and choose whether you want it as a cappuccino or a hot chocolate. Then take a selfie, or choose an existing photo from your phone (ideally with a light background), and send it to our staff by WhatsApp or text message to **07840985583** (please also mention your table number).*

*Our barista will then use our high-tech food printer to print your photo on your cappuccino (or hot chocolate) using edible food colouring. Why post a regular Selfie on Instagram when you can post a photo of your Selfieccino?! **Only £5.95***



## BREAKFAST

*Served till 12:00pm on Sundays & till 11:30am on all other days*

### **The Tea Terrace Breakfast** £12.95

*2 Scrambled free-range Eggs, 2 smoked bacon rashers, 2 Cumberland sausages, 2 hash browns, 2 tomatoes, mushrooms, baked beans and a rack of toast with butter and jam.*

### **Vegan Breakfast** £12.95

*Two Slices of bread topped with red pepper-hummus and smashed avocado. Served with a vegan plant-based sausage, tomato, mushrooms and baked beans.*

### **Granola with Yoghurt & Fresh Fruits** £9.95

*Delicious crunchy granola made with raisins, honey, almonds and coconut flakes. Mixed with Greek Yoghurt and Maple Syrup and topped with fresh berries. A gluten-free option is also available.*

### **Royal Scrambled Eggs (with Salmon)** £12.95

*Two creamy free-range eggs served with hot toast & butter. Served with slices of smoked salmon, tomato, hash brown, mushrooms, and baked beans.*

### **Pancakes with Crispy Streaky Bacon & Maple Syrup** £10.95

*A delicious combination of sweet and savoury. Our 3-stack of homemade American pancakes topped with crispy streaky bacon. Served with butter and maple syrup.*

### **American Pancakes with Fresh Cream & Fresh Berries** £10.95

*A 3-stack of our delicious homemade American pancakes served with crème fraîche, blueberries, raspberries and strawberries and topped with a yummy blackcurrant compote.*

*"Love and scandal are the best sweeteners of tea."  
Henry Fielding, English novelist*

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## LUNCH

*Served from 12pm Monday to Sunday*

### SALADS

#### **Chicken Caesar Salad**

£14.95

*Fresh lettuce with free-range chicken, herb croutons & Parmesan cheese served with a classic Caesar dressing.*

#### **Smoked Salmon Salad**

£14.95

*A refreshing salad with lettuce and rocket leaves topped with Scottish smoked salmon, tomatoes, and onions. Drizzled with olive oil and balsamic vinegar.*

#### **Falafel & Hummus Salad**

**NEW**

£13.95

*Delicious Falafel balls with seasoned red pepper-hummus. Served on a bed of lettuce, tomatoes, pickled cucumbers & pickled turnips. Drizzled with olive oil.*

#### **Halloumi and Cucumber Salad**

**NEW**

£13.95

*Slices of rich Cypriot Halloumi Cheese served on a bed of lettuce with cucumbers, tomatoes and black olives. Drizzled with olive oil and pomegranate molasses.*

*"All true tea lovers not only like their tea strong, but like it a little stronger with each year that passes."*

**George Orwell, English novelist**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## LUNCH

*Served from 12pm Monday to Sunday*

### MAINS

**Goat's Cheese, Tomato & Basil Tart** £14.95

*A shortcrust pastry case filled with pieces of goat's cheese, cherry tomatoes, egg custard, cheese & basil. Served warm with chips & a salad garnish.*

**Home-made Welsh Rarebit** £13.50

*Onion bread topped with a mixture of cheddar cheese, Worcestershire sauce, cream & English mustard. Grilled till deliciously melted. Served with chips & a salad garnish.*

**Croque Monsieur** £13.95

*Our delicious home-made toastie. Filled with béchamel sauce & ham, and covered with melted English cheddar cheese. Served with gourmet chips & a salad garnish.*

**Quiche Provençale** £13.75

*Our Quiche Provençale consists of tomato, courgette, broccoli and mozzarella cheese baked in a shortcrust pastry. Served warm with chips & a salad garnish.*

*"You can never get a cup of tea large enough or a book long enough to suit me."*

**C. S. Lewis, Irish-born scholar, novelist, and author**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## LUNCH

Served from 12pm Monday to Sunday

### MAINS

#### Chicken & Mushroom Pie



£15.95

*Succulent and tender chicken slowly cooked in a rich and creamy béchamel sauce with wild mushrooms. A richly textured, aromatic pie served with gourmet chips and your choice of a fresh salad garnish or coleslaw.*

#### The Tea Terrace Club Sandwich

£15.95

*Our delicious triple-decker of chicken, egg mayonnaise, bacon, lettuce and tomato. Served with gourmet chips and your choice of a fresh salad garnish or home-made coleslaw.*

#### Sweet Potato & Apricot Chutney Tart **(Gluten-Free & Vegan)**

£14.95

*A shortcrust pastry tart filled with sweet potato, cashew nut sauce and apricot chutney, topped with sesame and chopped nuts (a mix of cashew nuts, peanuts, & walnuts). Served warm with chips and a fresh salad garnish.*

*"Tea's proper use is to amuse the idle, and relax the studious and dilute the full meals of those who cannot use exercise and will not use abstinence."*

**Samuel Johnson, English writer (1709-1784)**

<sup>†</sup>Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.



## LUNCH

*Served from 12pm Monday to Sunday*

### MAINS

#### Jacket Potatoes

*The jacket potato is a traditional British favourite. Ours comes to you hot and fresh baked straight from the oven and served with a choice of fillings, home-made coleslaw and a fresh salad garnish.*

~ Tuna Mayonnaise	£11.95
~ Chicken Mayonnaise	£11.95
~ Baked Beans & Cheddar Cheese (or choose vegan cheese)	£11.75
~ Smoked Salmon & Cream Cheese	£12.45

#### Sandwiches

*Delicious sandwiches made with fresh white or brown bloomer bread, and served with gourmet chips and a fresh salad garnish.*

~ Cucumber and Cream Cheese	£12.15
~ Free Range Egg Mayonnaise with Salad Cress	£12.25
~ English Cheddar Cheese & Handmade Chutney	£12.25
~ Smoked Bacon, Lettuce & Tomato	£12.50
~ Ham & Tomato	£12.25
~ Ham, Cheese & Tomato	£12.50
~ Tuna Mayonnaise with Cucumber	£12.25
~ Scottish Smoked Salmon & Cream Cheese	£12.95
~ Chicken Mayonnaise with Lettuce	£12.25

*"Tea's proper use is to amuse the idle, and relax the studious and dilute the full meals of those who cannot use exercise and will not use abstinence."*

**Samuel Johnson, English writer (1709-1784)**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



# GLUTEN-FREE MENU

*Served from 12pm Monday to Sunday*

**THE FOLLOWING ITEMS FROM THE MAIN MENU CAN BE SERVED GLUTEN-FREE. PLEASE MAKE SURE YOU SPECIFY IT AS GLUTEN-FREE WHEN YOU PLACE YOUR ORDER.**

~ **Chicken Caesar Salad (served without croutons)**

~ **Smoked Salmon Salad**

~ **Falafel & Hummus Salad**

~ **Halloumi Salad**

~ **The Tea Terrace Club Sandwich**

~ **Sweet Potato & Apricot Chutney Tart (also Vegan)**

*If you are cold, tea will warm you.  
If you are heated, it will cool you.  
If you are depressed, it will cheer you.  
If you are excited, it will calm you.*

**William Gladstone, 1800's British Prime Minister**



# GLUTEN-FREE MENU

*Served all day*

## GLUTEN-FREE DESSERTS

### **Eton Mess**

*A delicious British classic. Meringues, whipped cream, fresh seasonal berries & a touch of vanilla sugar.*

£5.95

### **Gluten-free Salted Caramel Chocolate Brownie**

*A rich, moist chocolate brownie drizzled with a layer of sea-salted caramel and served hot with Vanilla ice cream.*

£5.95

### **Gluten-Free Sticky Figgy Pudding**

*A delicious and moist gluten free fig sponge with a sticky toffee sauce. Served with Vanilla ice cream.*

£5.95

### **Gluten-free Chocolate Orange Pie (also Vegan)**

*A delicious pie made with a chocolate brownie base topped with a chocolate filling & orange sauce, decorated with chocolate crumbs. Served with Vanilla ice cream.*

£5.95

### **Gluten-free Sticky Toffee Cheesecake**

*A chocolate cookie base topped with American style baked cheesecake and sticky caramel fudge. Finished with sticky toffee sponge cubes, chocolate crocant pieces, white chocolate chips and a chocolate flavoured drizzle.*

£4.95

*"A woman is like a teabag - you can not tell how strong she is until you put her in hot water."*

**Eleanor Roosevelt, former US First Lady**

*Please inform your server if you have any allergies & alway ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## GLUTEN-FREE AFTERNOON TEA

*Served from 11am Monday to Sunday*

### **Gluten-Free Sultana Scones**

£5.95

*Two buttery and fruity Sultana Scones served warm with strawberry jam and Cornish clotted cream.*

### **Gluten-Free Cream Tea**

£9.75

*Two delicious buttery and fruity gluten-free Sultana Scones served warm with strawberry jam & classic Cornish clotted cream, with a choice of any freshly-brewed tea or coffee, served for one or two.*

### **Gluten-Free Afternoon Tea**

For One    For Two  
£27.25    £53.95

*Start with a selection of tasty sandwich triangles on gluten-free bread (with the crust on), then enjoy two buttery gluten-free Sultana Scones with strawberry jam & classic Cornish clotted cream and finish up with a selection of gluten-free sweet treats. Choose two of the following types of sandwiches (or choose four if you're having the Gluten-Free Afternoon Tea for Two):*

- ~ Free Range Egg Mayonnaise with Salad Cress*
- ~ English Cheddar Cheese and Handmade Chutney*
- ~ Scottish Smoked Salmon and Cream Cheese*
- ~ Ham and Tomato*
- ~ Chicken Mayonnaise and Lettuce*
- ~ Cucumber and Cream Cheese*
- ~ Tuna Mayonnaise and Cucumber*

*Wash it all down with your choice of tea in a teapot (choose from 17 flavours), or a large mug of coffee or hot chocolate from our extensive menu which is at the back of this booklet.*

*"In nothing more is the English genius for domesticity more notably declared than in the institution of this festival - almost one may call it - of afternoon tea... The mere chink of cups and saucers tunes the mind to happy repose."*

**George Gissing, English novelist.**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



# VEGAN MENU

Served from 12pm Monday to Sunday

## MAINS

### **Vegan Butternut Squash, Lentil & Cumin Wellington** £13.95

*Cumin-spiced butternut squash with mixed lentils wrapped in a filo pastry & topped with paprika, onion seeds and parsley.  
Served with gourmet chips & vegan Coleslaw.*

### **Sweet Potato & Apricot Chutney Tart** NEW £14.95

*A vegan & gluten-free shortcrust pastry tart filled with sweet potato, cashew nut sauce and apricot chutney, topped with sesame and chopped nuts (a mix of cashew nuts, peanuts, & walnuts).  
Served with gourmet chips and a fresh salad garnish.*

### **Falafel & Hummus Salad** NEW £13.95

*Delicious deep-fried Falafel with seasoned red pepper-Hummus.  
Served on a bed of lettuce, tomatoes, pickled cucumbers & pickled turnips. Drizzled with a lemon vinaigrette dressing.*

*"There is no trouble so great or grave that cannot be much diminished by a nice cup of tea."*

**Bernard-Paul Heroux, 1900's Basque Philosopher**

Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.



## VEGAN MENU

Served from 11am Monday to Sunday

### **Vegan Scones (also gluten-free & soy-free)**

*Two delicious Vegan Scones with raisins served warm with vegan butter and strawberry jam.*

£6.25

### **Vegan Afternoon Tea**

*Start with a selection of tasty sandwiches with these fillings:*

*~ Black Olive Tapenade with Sliced Cucumber*

*~ Vegan Cheese and Caramelised Onion Chutney*

*~ Hummus with Sundried Tomatoes*

*~ Crushed Falafel & Pickled Turnips*

*Then enjoy two warm vegan & gluten-free Scones with raisins served with vegan butter and strawberry jam, followed by some delicious vegan sweet treats. Wash it all down with your choice of any tea or coffee or hot chocolate from our extensive menu.*

For One    For Two  
£27.95    £55.25

## **VEGAN DESSERTS**

### **Chocolate & Salted Caramel Cake**

*Three layers of Chocolate sponge filled with salted caramel and chocolate fudge icing.*

£4.95

### **Chocolate Orange Pie (also gluten-free)**

*A delicious pie made with a chocolate brownie base topped with a chocolate filling & orange sauce, Both gluten-free & vegan.*

£5.95

### **Lotus Caramelised Biscuit Cake**

*Three layers of vanilla & Lotus caramelised biscuit sponge, layered with Lotus icing & finished with Lotus biscuit crumb.*

£4.95



# THE TEA TERRACE SCONES

*Served all day*

## SCONES

*Our delicious & fluffy scones have been described by many of our customers as the best in the country, even better than those served at London's most famous 5-star hotels. We are proud to have the biggest selection of scone flavours at any restaurant in the UK.*

*All our scones are served warm with strawberry jam and classic Cornish clotted cream. Choose from the following:*

**Plain Scones** £5.95  
*Two of our original buttery scones, plain and simple.*

**Fruit Scones** £5.95  
*Two buttery scones studded with sultanas.*

**Cranberry & White Chocolate Scones** £5.95  
*Two of our most popular variety of buttery scones.*

**Apple and Cinnamon Scones** £5.95  
*Two buttery scones made with fresh apple chunks & cinnamon.*

**Vegan Scones** £6.25  
*You can't even tell they're vegan. Two delicious scones with raisins served with vegan butter and strawberry jam.*

**Gluten-Free Sultana Scones** £5.95  
*Two buttery and fruity Sultana Scones served warm with strawberry jam and Cornish clotted cream.*

**Ginger Scones** £5.95  
*Two buttery scones delicately and subtly flavoured with ground stem ginger.*

**Cheddar Cheese & Herb Scones (savoury)** £5.95  
*Two buttery cheddar cheese & herb scones served with butter.*

*Is it pronounced 'scoan' as in moan or 'skon' as in gone? It's an ongoing debate best summed up in this anonymous poem from the 1800's:*

*"I asked the maid in dulcet tone  
To order me a buttered scone  
The silly girl has been and gone  
And ordered me a buttered scone."*

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



# AFTERNOON TEA

Served from 11:00am Daily

## Cream Tea

For One For Two

£9.75 £19.25

Two delicious, buttery scones served warm with strawberry jam & classic Cornish clotted cream, with a choice of any freshly brewed tea or coffee, served for one or two. Choose from Plain Scones, Fruit Scones, Ginger Scones, Cranberry & White Chocolate Scones, Cheese & Herb Scones, or Apple & Cinnamon Scones. Or mix and match any two flavours! Also ask about our vegan and gluten-free scones.

## Traditional Afternoon Tea

For One For Two

£25.45 £50.45

**STEP 1: SANDWICHES:** With both these afternoon teas, you choose your own sandwiches. Choose two of the following sandwich fillings if you're having the afternoon tea for one, or choose 4 for the afternoon tea for two.

- ~ Tuna Mayonnaise & Cucumber
- ~ Scottish Smoked Salmon & Cream Cheese
- ~ Chicken Mayonnaise & Lettuce
- ~ Free Range Egg Mayonnaise with Salad Cress
- ~ Ham and Tomato
- ~ Cucumber & Cream Cheese
- ~ Cheddar Cheese & Chutney

Our sandwiches are made with our delicious artisan bread (spinach flavoured & beetroot flavoured sliced bread, with subtle flavouring). But you can ask your server for plain white or brown bread if you prefer.

**STEP 2: SCONES:** you each get two delicious warm scones with clotted cream and strawberry jam. Choose from six flavours of scones (plain, fruit scones, apple and cinnamon, cranberry and white chocolate, ginger scones, or cheese scones).

**STEP 3: DESSERTS:** you each get four mini desserts served with fresh strawberries on the side: mini rich Chocolate Brownie, a mini Coffee Eclair, a mini Vanilla Panna Cotta on a Sable Biscuit, and a mini Lemon Tart with a delicious Meringue topping. Served with fresh strawberries.

**STEP 4: DRINKS:** You each get to choose from 17 flavours of tea in a teapot, or a large mug of coffee or hot chocolate from our extensive selection (see back of this menu).

*"...there are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea."*

Henry James, *The Portrait of a Lady*

Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.



# AFTERNOON TEA

Served from 11:00am Daily

## Indulgence Afternoon Tea

For One    For Two  
£28.75    £57.25

### STEP 1: CHOOSE YOUR SANDWICH FILLINGS

With our afternoon teas, you get to choose your own sandwiches. Choose two of the below fillings if you are having the afternoon tea for one, or choose four fillings if you're having the afternoon tea for two.

- ~ Free Range Egg Mayonnaise with Salad Cress
- ~ Tuna Mayonnaise and Cucumber
- ~ English Cheddar Cheese & Handmade Chutney
- ~ Scottish Smoked Salmon and Cream Cheese
- ~ Ham and Tomato
- ~ Cucumber and Cream Cheese
- ~ Chicken Mayonnaise with Lettuce

Our sandwiches are made with our delicious artisan bread (spinach flavoured and beetroot flavoured sliced bread, with subtle flavouring). But you can ask your server for plain white or brown bread if you prefer.

### STEP 2: CHOOSE YOUR SCONES

You each get two delicious warm scones with clotted cream and jam. Choose two from our six flavours of scones (plain, fruit scones, apple & cinnamon, cranberry & white chocolate, ginger scones, or cheese scones).

### STEP 3: DESSERTS

You each get four mini indulgent desserts made with Belgian chocolate. These are: white chocolate & raspberry mousse, Opera cake, chocolate & orange tartlet, and double chocolate mousse). Served with fresh strawberries.

### STEP 4: CHOOSE YOUR DRINK

You each get to choose from 17 flavours of tea in a teapot, or a large mug of coffee or hot chocolate from our extensive selection (see back of this menu).

*“When we sip tea, we are on our way to serenity.”*  
Alexandra Stoddard, American philosopher & designer

Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.



## DESSERTS

*Served all day*

- |   |       |
|---|-------|
| <b>Eton Mess</b><br><i>Meringues, whipped cream, berries and a touch of vanilla sugar.</i>  | £5.95 |
| <b>Lemon Tart</b><br><i>Tangy and delicious, served with a scoop of Vanilla ice cream.</i>  | £5.95 |
| <b>Apple Crumble Pie</b><br><i>Warm apple crumble, served with a scoop of Vanilla ice cream.</i>  | £5.95 |
| <b>Chocolate Salted Caramel Brownie (gluten-free)</b><br><i>A moist chocolate and salted caramel brownie. Served with a scoop of Vanilla ice cream and drizzled with chocolate sauce.</i>   | £5.95 |
| <b>Bread and Butter Pudding</b><br><i>Hand-carved slices of white bread layered into a mould and filled with a mixture of butter, sugar and vanilla custard, studded with sultanas. Served with Vanilla ice cream.</i>                                      | £5.95 |
| <b>Chocolate Fondant</b><br><i>Rich chocolate cake with a gooey molten chocolate centre, served with a scoop of Vanilla ice cream.</i>  | £5.95 |
| <b>Sticky Figgy Pudding (gluten-free)</b><br><i>A delicious and moist gluten free fig sponge with a sticky toffee sauce. Served with Vanilla ice cream</i>  | £5.95 |
| <b>Gluten-free Chocolate Orange Pie (also Vegan)</b><br><i>A delicious pie made with a chocolate brownie base topped with a chocolate filling &amp; orange sauce, decorated with chocolate crumbs. Served with Vanilla ice cream (non-vegan ice cream).</i> | £5.95 |

*“Tea, though ridiculed by those who are naturally coarse in their nervous sensibilities, will always be the favorite beverage of the intellectual”.*

**Thomas de Quincey, English Essayist, 1821**



## DESSERTS

*Served all day*

### CAKES

*Choose from our delicious range of home-style hand-make cakes on display at the Cake Counter. Choose from any of these yummy flavours:*

- ~ **Rainbow Cake** £4.95  
*Layers of orange, pineapple, kiwi, blueberry & blackcurrant flavoured sponge cake filled with a confetti frosting and coated in sweet white frosting. Decorated with ruby chocolate drip.*
- ~ **Chocolate Cake** £4.70  
*A moist chocolate sponge cake filled and lavishly finished with chocolate cream frosting and decorated with flakes and curls.*
- ~ **Salted Caramel Cake** £4.70  
*A delicious & rich caramel-infused sponge finished with vanilla frosting and drizzled with liquid salted caramel.*
- ~ **Lemon Drizzle Cake** £4.70  
*A light lemony sponge with the crunch of a sugar syrup topping & a swirl of tangy lemon curd baked through the cake.*
- ~ **Walnut & Coffee Cake** £4.70  
*An airy sponge with a real coffee-flavoured whisked fudge in the centre and on the top, sprinkled with walnuts.*
- ~ **Victoria Sponge Cake** £4.70  
*Named after Queen Victoria, this is a golden sponge cake filled with a lightly whipped fresh butter cream and a raspberry jam.*
- ~ **Carrot Cake** £4.70  
*A moist, slightly spiced cake full of flavour with grated carrots and plump sultanas. Finished with a divine cream cheese icing.*
- ~ **Chocolate & Salted Caramel Cake (also Vegan)** £4.95  
*Three layers of Chocolate sponge filled with salted caramel and chocolate fudge icing.*
- ~ **Lotus Caramelised Biscuit Cake (also Vegan)** £4.95  
*Three layers of vanilla & Lotus caramelised biscuit sponge, layered with caramelised biscuit icing & finished with caramelised biscuit crumb*
- ~ **Sticky Toffee Cheesecake (also Gluten-free)** £4.95  
*A chocolate cookie base topped with American style baked cheesecake and sticky caramel fudge.*

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## CLASSICS & CUPCAKES

*Served all day*

### CLASSICS

#### Welsh Cakes

£5.95

*Traditional 'drop scones' hand made for us by a specialist baker in Wales, served with butter and strawberry jam.*

#### Toasted Teacake

£5.95

*A sweet bun filled with dried fruit. Served hot with butter and strawberry jam.*

#### Crumpets

£5.95

*Two of the British classic griddle cake made from flour and yeast. Served hot with butter and strawberry jam or marmite.*

### CUPCAKES

£4.95

*Our irresistible & colourful cupcakes are hand-made with loads of butter. We don't always have all flavours as they run out pretty fast! So please ask your server what is available before ordering:*

**Red Velvet:** *Red velvet cupcake with cream cheese frosting.*

**Vanilla:** *A vanilla cupcake base with a vanilla butter cream topping.*

**Cookies & Cream:** *Chocolate cupcake topped with Oreo cookie icing.*

**Rainbow Cupcake:** *Vanilla sponge with a rainbow-coloured swirl on top.*

**Salted Caramel:** *A Vanilla base with a delicious caramel sauce topping.*

**Chocolate:** *Moist chocolate sponge with delicious chocolate icing.*

*"There is something in the nature of tea that leads us into a world of quiet contemplation of life."*

**Lin Yutang, Chinese writer & linguist**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## TEA SELECTION

*We don't believe in serving supermarket-brand teas. We serve a gourmet brand of WHOLE-LEAF tea that is not available in the retail market. The difference is that our gourmet tea is made up of whole, unbroken leaves in a pyramid teabag. Supermarket brand teas are usually made from the opposite – low tea grades, such as dust and fannings. This means the tea loses many of its essential oils (what makes tea flavorful & aromatic) leaving the tea dull and stale.*

### **English Breakfast Tea**

*A bright, full strength traditional Indian Assam blend tea - great at anytime of the day.*

Pot for One  
£3.95

### **Decaffeinated Tea**

*A full strength traditional high-grown Ceylon tea but without the caffeine.*

£3.95

### **Sapphire Earl Grey Tea**

*A light refreshing high-grown Ceylon tea flavoured with Bergamot.*

£3.95

### **Organic Darjeeling Tea**

*The traditional Darjeeling from the foothills of the Himalayas.*

£3.95

### **Dragonwell Green Tea**

*The naturally healthy option - rich in antioxidants helping cleanse and protect the body.*

£3.95

### **Egyptian Mint Tea**

*Invigorating and refreshing at anytime of the day. It is also a perfect 'digestif' after lunch or high tea.*

£3.95

### **Citrus Camomile Tea**

*A ligh delicate flavour to calm and smooth away stress.*

£3.95

### **Organic Jasmine Tea**

*A floral, aromatic Chinese green tea, delicately scented with jasmine blossom.*

£3.95

### **Pomegranate Tea**

*A healthy alternative beverage with benefits of improving heart health and increasing immune system functions.*

£3.95

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## TEA SELECTION

Pot for One

### White Pear & Ginger Tea

£3.95

*A delicious silver needle white tea blend combined with juicy pear and a hint of ginger zing on the finish.*

### Pai Mu Tan Tea

£3.95

*This white tea is one of China's rarest & most famous teas. Fresh, mellow and sweet tasting with peach & melon sweet notes.*

### Spicy Rooibos Tea

£3.95

*A Rooibos blend with Brazilian pepper, cinnamon, cardamom, cloves & a hint of orange. A fresh decaf tea with subtle warming spice notes.*

### Spiced Chai Tea

£3.95

*Chai is a blend of robust black Indian teas, combined with exotic spices. To fully enjoy this traditional Indian beverage, add milk & sugar and savour its exotic aroma.*

### Chocolate & Vanilla Tea **NEW**

£3.95

*A luxurious black leaf blend with cocoa beans and vanilla. This delicious tea provides all the taste and comfort offered by hot chocolate.*

### Strawberry & Cream Tea **NEW**

£3.95

*A blend of Indian & Chinese black leaf teas produces a light and crisp tea with subtle strawberry and vanilla notes.*

### Beetroot & Apple Tea **NEW**

£3.95

*A caffeine-free organic herbal infusion that's bursting with earthy beetroot notes and acidity, balanced carefully with apple softness to produce an indulgent and rich cup of tea.*

### Lemon Verbena Tea **NEW**

£3.95

*Rich in anti-oxidants, Lemon Verbena tea has a distinct, vibrant zing that will lift your spirits and invigorate.*

*"Tea to the English is really a picnic indoor"*

**Alice Walker, American Author**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



*Order your Selfieccino now*  
*There's no better way to 'espresso' yourself*



## ***How about a delicious Cappuccino or Hot Chocolate with your Face on it?***

*All you have to do is order a Selfieccino from your server, and choose whether you want it as a cappuccino or a hot chocolate. Then take a selfie, or choose an existing photo from your phone (ideally with a light background), and send it to our staff by WhatsApp or text message to 07840985583 (please also mention your table number). Our barista will then use our high-tech food printer to print your photo on your cappuccino (or hot chocolate) using edible food colouring. Why post a regular Selfie on Instagram when you can post a photo of your Selfieccino?! Only £5.95*



## COFFEE & HOT CHOCOLATE

*Our coffee is from an English supplier who ethically sources direct from coffee growers. All our coffees are made with their Classic Espresso, a beautifully balanced, smooth but punchy blend of Arabica and Robusta beans - roasted the Italian way to produce the perfect cup of coffee.*

**SELFIECCINO** £5.95  
*Have your selfie (or any photo) printed in edible food colouring on your Cappuccino or Hot Chocolate (ask for details).*

**Espresso** £3.50  
*A short intensively flavoured coffee shot.*

**Macchiato** £3.60  
*Espresso finished with a dash of milk foam.*

**Americano** £3.75  
*Long black coffee made with espresso and hot water.*

**Cappuccino** £3.95  
*Espresso coffee with steamed milk and creamy milk foam.*

**Latte** £3.95  
*Single espresso mixed with steamed velvety milk.*

**Mocha** £3.95  
*Hot chocolate combined with espresso coffee.*

**Hot Chocolate** £3.95  
*A smooth chocolate drink made with the finest cocoa.*

**'Loaded' Hot Chocolate** £4.95  
*A smooth chocolate drink made with the finest cocoa and topped with marshmallows and whipped cream.*

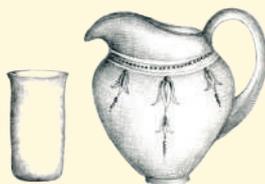
**Add a Flavour (Flavouring Syrup)** £0.60  
*Add a shot of Vanilla, Caramel or Hazelnut syrup.*

**Add an Extra Shot of Espresso** £0.60

*"Strong coffee, much strong coffee, is what awakens me. Coffee gives me warmth, waking, an unusual force and a pain that is not without very great pleasure."*

**Napoleon Bonaparte, French Emperor.**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*



## COLD DRINKS

### WATER

	330ml	750ml
<i>Still Mineral Water</i>	£2.95	£5.50
<i>Sparkling Mineral Water</i>	£2.95	£5.50

### ICED TEAS

<i>Lipton Lemon Iced Tea</i>	£3.50
<i>Lipton Mango Iced Tea</i>	£3.50
<i>Lipton Peach Iced Tea</i>	£3.50

### JUICES

<i>Fresh Orange Juice</i>	£3.50
<i>Fresh Apple Juice</i>	£3.50
<i>Cranberry Juice</i>	£3.25

### SPARKLING DRINKS

<i>Coca Cola or Diet Coke</i>	£3.25
<i>Fanta Orange or Sprite</i>	£3.25
<i>Elderflower Pressé (sparkling)</i>	£3.50
<i>Pomegranate &amp; Elderflower Pressé (sparkling)</i>	£3.50
<i>Fentiman's Traditional Ginger Beer (0.5% abv)</i>	£3.90
<i>Fentiman's Sparkling Victorian Lemonade</i>	£3.90

### SMOOTHIES

<i>Innocent Smoothie - Strawberry &amp; Banana</i>	<i>Innocent</i>	£3.75
<i>Smoothie - Mango &amp; Passion Fruit</i>		£3.75

*"The first cup of tea moistens my lips and throat. The second shatters my loneliness. The third causes the wrongs of life to fade gently from my recollection. And the fourth purifies my soul".*  
**Lotung - Chinese Mystic**

*Please inform your server if you have any allergies & always ask about allergen information before ordering. While we do our best to reduce the risk of cross-contamination, we cannot guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.*

FOLLOW US ON    @THE TEA TERRACE



*The*  
**TEA TERRACE**

---

A VERY ENGLISH TEA ROOM

WEBSITE:  
[WWW.THETEATERRACE.COM](http://WWW.THETEATERRACE.COM)

EMAIL:  
[INFO@THETEATERRACE.COM](mailto:INFO@THETEATERRACE.COM)